

In The Name of God

Curriculum Vitae:

Hassan Shakeri PhD, PT, Faculty Member of University of Social Welfare and Rehabilitation Sciences (USWR) Tehran-IRAN



Personal Information

First Name: Hassan Last Name: Shakeri

Date of Birth: June 10; 1969 Nationality: Iranian Gender: Male

Marital Status: Married Children Number: 3

Academic Rank: Associate Professor

Workplace: Physiotherapy Department, University of Social Welfare and Rehabilitation Sciences (USWR), Koudakyar St., Daneshjou Blvd. Evin,

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Educational Background:

2000-2006 PhD in Physiotherapy, Rehabilitation Faculty, Iran University of Medical Sciences, Tehran, IRAN

1992-1994 MSc in Physiotherapy, Rehabilitation Faculty, Iran University of Medical Sciences, Tehran, IRAN

1987-1991 BSc in Physiotherapy, Rehabilitation Faculty, Iran University of Medical Sciences, Tehran, IRAN

Careers:

2014-present Associate Professor of Physiotherapy Department, University of Social Welfare and Rehabilitation Sciences, Tehran, IRAN

2006-2014 Assistant Professor of Physiotherapy Department, University of Social Welfare and Rehabilitation Sciences, Tehran, IRAN

1994-2006 Academic Tutor of Physiotherapy Department, University of Social Welfare and Rehabilitation Sciences, Tehran, IRAN

Teaching Areas:

- Kinesiology and Biomechanics
- Physiotherapy in General Surgical and Medical Conditions
- Manual Muscle Testing and Function
- Neurophysiology
- Exercise Therapy
- Specific English for Physiotherapists

Research Areas:

- Effects of Therapeutic Exercises (Stretching and Strengthening Exercises)
- Physiotherapy of Musculoskeletal Disorders of Upper limbs (Specially Shoulder Joint)
- Falling in Elderlies
- Neurorehabilitation

Professional Membership:

- 2002-Present Medical Council of Iran
- 1991-Present Iranian Physiotherapy Association (IPA)

Executive Positions:

- 2013-2014 Vice-Chancellor for Cultural and Student Affairs, USWR,
Tehran, Iran
- 2008-2013 Vice-Chancellor for Research and Technology, USWR,
Tehran, Iran
- 2007-2008 Dean of Physiotherapy Department, USWR, Tehran, Iran
- 2008-2015 Member of the “Research Committee”, Physiotherapy Department,

USWR, Tehran, Iran
- 2010-2012 Member of the “Board of Physiotherapy”, Ministry of Health and
Medical Education, Tehran, Iran

Publications:

1. Abdollahi I, Taghizadeh A, Shakeri H, M Eivazi, S Jaberzadeh (2015). [The relationship between isokinetic muscle strength and spasticity in the lower limbs of stroke patients](#). Journal of bodywork and movement therapies 19 (2), 284-290

2. F Azadi, H Shakeri, A Kazemnejad, AA Akbari Kamrani, AM Arab (2014). [Relative and Absolute Reliability of Timed Up and Go Test in Community Dwelling Older Adult and Healthy Young People](#), Iranian Journal of Ageing, 8 (31), 55-65. [Persian]
3. R Keshavarz, H Shakeri, AM Arab, H Ashrafi, AT Khani (2014). [Scapular Position and Orientation during Abduction, Flexion and Scapular Plane elevation Phase](#). Iranian Rehabilitation Journal 12 (19)
4. Shakeri H, Fatollahi Z, Karimi N, Arab AM.(2013). [Effect of functional lumbar stabilization exercises on pain, disability, and kinesiophobia in women with menstrual low back pain: a preliminary trial](#). **Journal of Chiropractic Medicine**. Vol 12, p160-167
5. Shakeri H, Keshavarz R, Arab AM, Ebrahimi I. (2013). [CLINICAL EFFECTIVENESS OF KINESIOLOGICAL TAPING ON PAIN AND PAIN-FREE SHOULDER RANGE OF MOTION IN PATIENTS WITH SHOULDER IMPINGEMENT SYNDROME: A RANDOMIZED, DOUBLE BLINDED, PLACEBO-CONTROLLED TRIAL](#). International Journal of Sports Physical Therapy 8 (6), 800
6. Shakeri H, Keshavarz R, Arab AM, Ebrahimi I (2013). [Therapeutic Effect of Kinesio-taping on Disability of Arm, Shoulder, and Hand in Patients with Subacromial Impingement Syndrome: A Randomized Clinical Trial](#). J Nov Physiother 3 (169), 2
7. R Keshavarz, H Shakeri, AM Arab, E Ibrahimi Tokamjani (2013). [Reliability of 3-Dimensional scapular kinematics measures of acromion marker cluster in patients with shoulder impingement syndrome during humeral elevation and lowering](#). Pajouhan Scientific Journal 11 (4), 42-50. [Persian]
8. R Keshavarz, H Shakeri, AM Arab, M Gholamian, F Tabatabai Ghomshe (2012). [Comparison of Scapular Rotational Movement Measures of Acromion Marker Cluster between Patients with Shoulder Impingement Syndrome and Healthy Ones during Humeral Elevation in Scapular Plane](#). Journal of Rehabilitation 12 (4), 67-74. [Persian]
9. MA Mohseni-Bandpei, R Keshavarz, H Minoonejhad, H Mohsenifar, H Shakeri (2012). [Shoulder pain in Iranian elite athletes: the prevalence and risk factors](#). Journal of manipulative and physiological therapeutics 35 (7), 541-548
10. B Majdoleslam, SM Kazemi, S Keyhani, H Shakeri, AA Esmaeiljah, (2011). [The Effect of Joint Positional Sense in Patients with ACL Tear before and after Reconstruction Surgery at Acute Phase](#). SCIENTIFIC JOURNAL OF HAMADAN UNIVERSITY OF MEDICAL SCIENCES AND HEALTH SERVICES 18(260), 20-24. [Persian]
11. Shakeri H, Ahi S, Arab AM (2012). The Relationship between General Hypermobility and Foot Arch in Healthy Adult Females. PTJ. 2 (1):51-56. [Persian]
12. Amiri M, Shakeri H, Bahrami A, Rahgozar M (2011). Effects of Mental Practice on Infra and Supraspinatus Muscles' Thickness by Ultrasonography. PTJ. 1 (1):43-48. [Persian]

13. Shakeri H, Ebrahimi E, Salavati M, Karimi H(2005). Effects of Stretching by P.N.F and Harmonic Techniques on Hamstring Flexibility. *Journal of Rehabilitation*. 6 (4) :14-19. [Persian]
14. Shakeri H, Abdollahi I, Majdoleslami B(2003). Cross Transfer Effect of Unilateral Quadriceps Muscle Exercises on Contralateral Limb. *Journal of Rehabilitation*, 4 (3 and 4):29-33. [Persian]
15. I Abdollahi, M Ashayeri, H Shakeri (2005). [Treatment of Infected Burned Patients with Second Degree Burns Using UV-C](#). *KOWSAR MEDICAL JOURNAL*. 10(1),51-57 [Persian]

Oral and poster presentations(in Scientific Congresses and Seminars):
(Title of Presentation, Congress Name, Year, Place)

1. Pilot study for Determining PreHypertension Prevalence in the Tehran High School Students. *International Congress of Prehypertension*. Feb.2011, Vienna, Austria
2. Ethics in Rehabilitation, *Annual congress of Medical Ethics*. 2010, Tehran, Iran
3. Mental Practice Effects on Infra & Supraspinatus Muscles Activity. *22nd Congress of Physiotherapy*. 2010, Tehran, Iran
4. Systemic Approach in Physiotherapy of Children with Cerebral palsy. *9th Iranian Congress of Paediatric Neurology*. 2009, Bandar Abbas, Iran
5. New Approaches in Exercise Therapy for Neck Pain. *10th Spine Specific Physiotherapy Seminar*. 2009, Tehran, Iran
6. Effects of Walking by Body Weight Support (BWS) on People with Spinal Cord Injury. *1st Spinal Cord Injury Seminar*. 2009, Tehran, Iran
7. Rehabilitation in Disaster. *4th International Congress of Disaster*. 2009, Tehran, Iran
8. Effects of Muscle Stretching plus Harmonic Oscillation on Hamstring Flexibility. *World Congress of ISPRM*. 2009, Istanbul, Turkey
9. Diet and physical Activities among Middle School Girls. *3rd Healthy Child Seminar*. 2009, Tehran, Iran
10. Association between Neck Pain and shoulder Impingement Syndrome. *9th Spine Specific Physiotherapy Seminar*. 2008, Tehran, Iran
11. Effects of Harmonic Oscillation in Muscle Stretching. *8th Iranian Congress of Paediatric Neurology*. 2008, Mashad, Iran

12. Physiotherapy in General Surgical Conditions. *Congress of Nursing in Surgery*. 2008, Tehran, Iran
13. Association between Neck Posture, Occlusion and Temporomandibular Joint Dysfunction. *8th Spine Specific Physiotherapy Seminar*. 2007, Tehran, Iran
14. An Effective Way for Traction of Cervical Spine in Patients with Radiculopathy. *8th Spine Specific Physiotherapy Seminar*. 2007, Tehran, Iran
15. Association between Carpal Tunnel Syndrome (CTS) and Cervical Spine Disorders. *7th Spine Specific Physiotherapy Seminar*. 2006, Tehran, Iran
16. Effects of Stretching by Harmonic and PNF Techniques on Hamstring Muscle Flexibility. *Biennial Physiotherapy in Musculoskeletal Disorders Seminar*. 2006, Tehran, Iran
17. Carpal Tunnel Syndrome (CTS). 17th congress of Physiotherapy. 2006, Tehran, Iran
18. Measurement of Hamstring Muscle Stiffness. *6th Spine Specific Physiotherapy Seminar*. 2005, Tehran, Iran
19. Mulligan's Method in Manual Therapy. *4th Spine Specific Physiotherapy Seminar*. 2003, Tehran, Iran
20. Physiotherapy in Hand Tendons Injuries. *3rd Student physiotherapy Congress*. 2003, Tehran, Iran
21. Determinants in Hand Tendons Injuries physiotherapy. *Seminars of Saba Rehabilitation Centre*. 2001, Tehran, Iran
22. Team Works in Rehabilitation of Mental Retarded Children. *Congress of Paediatrics*. 1997, Tehran, Iran
23. Cross Transfer Effects of Exercises. *7th Iranian Physiotherapy Congress*. 1994, Tehran, Iran

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